





Duke  INNOVATION & ENTREPRENEURSHIP

# Holiday Gift Guide




## FOOD & BEVERAGE



### AHAV COOKIE DOUGH BITES

*AHAV (Founder and CEO [Liam Frumkin '25](#))*

AHAV is all about healthy snacks with recognizable ingredients that actually satisfy your cravings! AHAV cookie dough bites are vegan, gluten free, high protein, high fiber, have healthy fats, and are made with only 5-6 ingredients. Inspired by founder Liam Frumkin's journey with an eating disorder, AHAV donates a portion of all proceeds to the National Eating Disorder Association. Life is complicated—our food shouldn't be!



### BENDT DISTILLING WHISKEY

*Bendt Distilling Company (Co-Founder and Owner [Ryan DeHart MBA '10](#))*

Using only the finest ingredients and grain-to-glass whiskeys, BENDT Distilling Co. has created craft spirits and liqueurs that are multi-dimensional, balanced, and delicious. Enjoy neat, on the rocks, or as a part of your favorite adult beverages.



### BIENA SNACKS TASTY THINS

*Biena Snacks (Founder and CEO [Poorvi Patodia MBA '05](#))*

Biena Snacks are the perfect combination of healthy and delicious snacking. Tasty Thins are crispy veggie chips with 35 chips per serving so you can snack more and enjoy more. For a satisfying and nutritious snack, try the Roasted Chickpeas, packed with protein and fiber, and crafted with flavorful seasonings. Biena is distributed in 15,000 stores around the country!



### BIG SPOON ROASTERS NUT BUTTERS

*Big Spoon Roasters (Co-Founder and COO [Megan Lynam Overbay MBA '03](#))*

Big Spoon Roasters makes handcrafted nut butters and snack bars made from scratch with world-class ingredients sourced directly from local and like-minded vendors who share a dedication to authentic quality and sustainability.





## FULLSTEAM BEER

*Fullsteam Brewery (Founder [Sean Lilly Wilson](#) MBA/MPP '00)*

Fullsteam's mission is to craft distinctly Southern beer that celebrates the farm and food traditions of the American South.



## ANNA'S GOURMET GOODIES

*Anna's Gourmet Goodies (Co-Founder [Chris Duke](#) MBA '87)*

Anna's Gourmet Goodies makes, bakes, and ships gourmet gifts—small batch, hand crafted, and free of preservatives—direct to recipients throughout the United States.



## KOKADA COCONUT SPREAD

*Kokada (Co-Founders [Breanna Atkinson](#) '16 and [Jared Golestani](#) '17)*

Kokada spreads—free of refined sugar, organic, gluten-free, and vegan—are delicious and fuel your body with the good it deserves to keep you feeling your best. Kokada Original is made using only 3 ingredients sourced with care to ensure the highest quality and best taste. Fuel good, feel good, do good.



## MOSI TEA BREW ANYTHING STARTER KIT

*Mosi Tea (Co-Founder [Gavin Jocius](#) MA '10, MBA '20)*

Mosi Tea developed the world's first multibrew infuser that allows you to brew anything on the go. Here's the perfect starter kit for anyone wanting to brew anything! Experience not one, but three premium teas (Morning Black, Vanilla Matcha, and Rooibos Lavender). All 100% garden-picked. All delicious.



## MYSTIC SINGLE BARREL EXPERIENCE

*Mystic Farm and Distillery (Co-Owner [Marla Tuchinsky PhD '97](#))*

Are you looking for an incredible gift that will last a lifetime? Experience the process for making our handcrafted, award-winning bourbon during a private 5+ hour experience. The customized and private Single Barrel Experience allows you to spend a day creating a barrel of bourbon and return each year for a sampling of the maturing spirit. Starting from grain milling and ending at barreling, you conduct the mashing and distilling process and learn distilling details few outside the industry experience. You will take home a bottle of your unaged spirit immediately, and each year you may return to sample your aging spirit and take home a pint sample.



## MYTEAPAL TEA SUBSCRIPTION BOX

*MyTeaPal (Founder [Vincent Liu '21](#))*

Discover the world of Chinese specialty teas with our subscription box. Every month, we curate four premium loose-leaf teas, carefully chosen around a unique theme, totaling 50-60 grams of exquisite flavors.



## SERVANT COFFEE SAMPLER BOX

*Servant Coffee (Founder [John Pierson MBA '10](#))*

Servant Coffee was founded with the fundamental belief that everyone prospers when we serve each other well. This sampler box contains two 12oz bags of coffee, 6 sachets of instant coffee, and a white Gratitude Tumbler.



## YITTO PAWS ORGANIC DOG TREATS

*Yitto Paws (Founder [Bruce Von Stein MBA '93](#))*

Founded with a mission to prioritize the health and happiness of dogs, Yitto Paws uses the safest, most delicious, most nutritious human-grade ingredients. Explore popular granola-based dog treats, gear, safety products, apparel, books, and greeting cards from Yitto Paws.

## LEARNING & ENTERTAINMENT



### THE WOOBLES PENGUIN CROCHET KIT

*The Woobles (Co-Founders [Justine Tiu BSE '11](#) and [Adrian Zhang BSE '11](#))*

Pierre the Penguin and his buddies have come to life in the hands of 400,000+ crochet beginners. And with the help of step-by-step video instructions, he'll soon be sliding his way straight into yours as well! The Woobles is about more than just learning to crochet. It's about proving to yourself that you can always learn something new.



### PARENTS ARE HUMAN CARD GAME

*Parents Are Human (Co-Founder and CEO [Joe Lam '17](#))*

A game to spark deep conversations between you and your loved ones, Parents Are Human is available in fifteen language editions. Each deck contains 70 prompts, with two levels of difficulty, to inspire connection, compassion, and vulnerability. Cards include questions or actions in English on the front and a translated language on the back to help bridge language, culture, and generational gaps.



### SAFEWELL ESSENTIALS GRAPHITE AND COLORED PENCILS

*Safewell Essentials (Founder [Tom Bowman MBA '84](#))*

Striving to make the safest and most therapeutic writing instruments for everyone, Safewell Essentials creates pencils made from recycled paper, that come infused with essential oils, (including Lavender, Bergamot, Peppermint, Cinnamon, Jasmine, and Grapefruit), and come with antimicrobial and germ-inhibiting coatings, to provide aromatherapy benefits.



### SAVEOR ESTATE PLANNING

*SaveOr (Co-Founder and CEO [Matthew Scola '24](#))*

Give the gift of peace of mind with SaveOr, which helps you create a clear plan for what will happen to tangible belongings after your or a loved one's passing. SaveOr makes it easy for families to collaborate to ensure that each item goes to the person who most cherishes it, preserving the memories behind each item and ensuring that wishes are fulfilled. SaveOr presents a simple, easy way to start this often-difficult process and facilitate important conversations. Ensure your family's legacy is preserved for generations to come.





## SILVERQUICKEN MONTHLY PUZZLE SUBSCRIPTION CLUB

*Silverquicken (Co-Founders [Chris Ryan MBA '00](#) and [Leslie Kerner MBA '00](#))*

Give a kid in grade 3-8 hands-on materials kits and “quests” to embark on each month, engaging them in clues to solve a mystery. Explore Silverquicken’s products for home, schools, camps, and apparel.



## TINY EARTH TOYS CURATED EDUCATIONAL TOYS

*Tiny Earth Toys (Founder and CEO [Rachael Classi MBA '14](#))*

The perfect gift for new parents. Buy heirloom-quality wooden toys and enjoy sustainable, open-ended, age-appropriate play and learning! Take the Toy Tailor quiz and receive 5 toys perfectly recommended for your child from ages 0 - 6 years. Buy all 5 toys and save 25%!



## BLACK WEALTH FREEDOM WORKBOOK SERIES

*Raise the Bar Investments (CEO [Ray'Chel Wilson, CFEI and MDiv '27](#))*

Seeking personal finance education that’s beginner friendly, easy-to-understand, and easy-to-apply? Raise the Bar Investments has made the perfect solutions for you. From her experiences as a high school Teach for America educator in Black Wall Street Tulsa, the internationally-selling workbook series was birthed. This series provides all readers, regardless of race, with tools to bridge the gender and racial wealth gaps, personally and systemically. Grab a copy or a bundle today as a gift for yourself or a loved one. It’s time to raise the bar for your mind and money.

## HOME GOODS & APPAREL



## ANDI BACKPACK IN BLACK LEOPARD

*ANDI (Founder and CEO [Andrea Weinberg MBA '10](#))*

The ANDI Backpack is designed to solve the typical backpack challenges: easy access to your necessities and a look sophisticated enough to keep up with your work style. It also boasts interior and exterior organization, a trolley strap (because you’ve got places to go!), separate and padded laptop compartment, expandable design and a sleek detachable wristlet.



## ECORAIN PONCHOS

*GreenGear Supply Co. (Founder and CEO [Monika Dharia '19](#))*

EcoRain ponchos help reduce greenhouse gas emissions, use renewable resources, and include sustainable packaging options. These reusable, recyclable rain ponchos are perfect for outdoor activities and promotional events. Each purchase also contributes to environmental non-profits through our partnership with 1% for the Planet.



## ELLAVATE WAGON

*Ellavate (Founder [Megan Lancaster MBA '20](#))*

Meet the first electric wagon, Ellavate, designed to help you ascend the outdoors. We believe adventure shouldn't be limited by gear, which is why we created a lightweight electric wagon that can transport your load across any terrain. With up to two hours of active electric use at full power, we make 200lbs feel like 10lbs. Let us get you there!



## K KANE CHAIN LETTER NECKLACE

*K Kane (Founder and Designer [Kate Kane MBA '12](#))*

Hollywood's go-to personalized necklace and K Kane's all time best seller. Solid gold letters, shapes, and numbers are designed to look, move, and function like links in the chain.



## GRIEF GIFT BOX

*Still His Still Hers ([Kimberly Holmes-Iverson '02](#))*

Do you have a friend who's missing someone special who has died? Send our {LOVE} Box. It's not your typical sympathy card; it's a box filled with good vibes. Each is packed with unique items like a #WidowStrong tee, tissues worthy of wiping red eyes, and a handwritten note that'll make a grieving soul crack a smile; our {LOVE} box is like a warm hug in a box.



## THIRDLOVE LUNYA WASHABLE SILK TANK SET

*ThirdLove (Co-Founder and CEO [Heidi Zak '00](#))*

Founded with a mission to provide women with bras that are comfortable and sexy, ThirdLove designs products that make you look and feel your best. This classic best-selling washable silk set prevents slipping and riding up, thermoregulates to help you maintain a comfy body temperature, and uses earth-friendly, extra-soft, machine-washable material.

## HEALTH & BEAUTY



### VINTNER'S DAUGHTER SIGNATURE SET

*Vintner's Daughter (Founder [April Gargiulo '96](#))*

Vintner's Daughter was founded on the principles of unparalleled quality and craftsmanship, inspired by founder April Gargiulo's background in the world of fine winemaking in Napa Valley and its uncompromising standards. These same exacting principles are applied to the brand's sourcing and formulation processes, which is why Active Treatment Essence™ and Active Botanical Serum™ have set new standards for performance and quality. Vintner's Daughter exists to have an incredibly positive impact on their community's skin, their lives, and our world.



### BLACK TRAVEL BOX WASH DAY BUNDLE

*The Black Travel Box (Founder & CEO [Orion Brown MBA '10](#))*

Wash day is done with this multifunctional trio! Kick those tiny hotel bottles to the curb and never get caught dirty, frizzy, or tangled on the road again. These long-lasting bars gently cleanse, detangle, and lightly style your hair so you can slay wash day no matter where you go.



### NUTRASPORIN

*3rd Rock Essentials (Founder and CTO, [Guerry Grune Duke adjunct professor](#))*

For the person in your life who likes skin protection without endocrine disruptors or other toxic ingredients, try this nonantibiotic alternative to triple antibiotic ointment, which achieves superior results using chelated silver oxide (100 ppm). Tested for effectiveness against MRSA; topical for first aid, burns, and UTI relief; available in water soluble or water resistant.



### AURGANICS ALPHA GLOW SERUM FOR DARK SPOTS + SENSITIVE SKIN

*Aurganics Skincare (Founder and CEO [Sarah Houston '24](#))*

With melanin-rich skin being more prone to post-inflammatory hyperpigmentation, and with 63% of women of color feeling unrepresented in skincare, Aurganics is on a mission to provide intentional self-care through skincare for Black and brown glowgetters. Luxuriously gentle, fragrance-free, plant-based formulas help you feel comfortable and confident in your natural glow.